

Ulster County Mental Health Department

Kingston, New York

Predoctoral Psychology Internship Program

The Ulster County Mental Health Department (UCMHD) Predoctoral Internship Program began in 1980. This APA-accredited Internship Program provides an opportunity for supervised professional training and experience in the application of psychological theories and practice to a diverse patient population spanning a wide spectrum of diagnostic categories. It includes a broad range of clinical and educational experiences designed to assist interns in developing a strong professional identity. As such, the internship is primarily a training program, rather than being driven by a service provision agenda. Interns are provided the opportunity to gain knowledge through ongoing didactic programming, as well as to develop, integrate, and synthesize their professional skills through direct clinical work and meaningful supervisory relationships.

Program Overview

The internship at Ulster County provides training in community mental health. This training is made up of a core program and track assignments. The core program includes broad and general expectations and opportunities shared by all of our interns. Track assignments refer to the yearlong treatment unit on which interns are placed. As such, an intern has an office located on and works within the Family and Child Unit, the Adult Unit, or half time in both the Adult and the Family and Child Units. Psychotherapy cases are assigned through the intern's track assignment. An intern's core program consists of psychological testing, forensics, didactic seminar, and group work/ sub-rotation.

The internship program is designed to graduate interns that are:

1. Prepared to assume professional/ethical responsibilities associated with becoming an entry level psychologist;
2. Skilled at selecting and utilizing clinical interventions at an entry level;
3. Proficient in psychological testing;
4. Prepared with an entry-level foundation of training and experience in forensic psychology.

Following our last accreditation visit by the APA in 2005, our site was granted a seven year full accreditation status. Seven years is the longest accreditation award granted by the American Psychological Association's Committee on Accreditation. **The APA's Committee on Accreditation can be contacted directly at 202-336-5979.** This internship site agrees to abide by the Association of Psychology Post-doctoral and Internship Centers (APPIC) policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.

The 2010-2011 internship year begins on Monday, July 12, 2010 and ends on July 1, 2011. Thus, the internship at Ulster County Mental Health Department starts and ends earlier than most internships.

Interns typically work 40-45 hours per week to satisfy all clinical and agency requirements, affording interns a 2000-hour internship (the minimum required for licensure). Interns are expected to provide at least 500 face-to-face patient contact hours by completion of the internship. This generally translates into a caseload of approximately 16 to 18 patients who are typically seen on a weekly basis. Therapy constitutes approximately thirty-five percent of intern time at UCMHD with additional opportunities for more therapy experience at the discretion of the intern and her/his supervisors.

Psychology interns are regular members of the unit to which they are assigned and attend unit, treatment team and agency-wide meetings. Our doctoral interns work closely with other members of their units as well as with staff from other units when appropriate or necessary. These staff members include psychologists, social workers, psychiatrists, psychiatric nurses, counselors, and helping professionals from other disciplines depending upon the

particular unit. Within this interdisciplinary model, UCMHD interns are an integral part of the professional mission of their unit, as well as the agency, and are accorded the same dignity and privileges given to the agency's professional staff.

This internship experience is also designed to promote the development of intern competency in providing coordinated services between UCMHD and other professionals outside the agency, such as neurologists, pediatricians, family physicians, speech therapists, teachers, school psychologists, Department of Social Services caseworkers, and other professionals as deemed appropriate for a given therapy case.

Internship Requirements

The Psychology Staff at UCMHD is committed to intern training and supervision. As interns quickly experience, our investment in cultivating the development of our doctoral interns to achieve their professional identities is a particularly valued part of our job. Listed below are the specific requirements for completion of the 12-month internship program at UCMHD.

Orientation:

Interns are provided with an in-depth orientation program designed to assist them in: (1) becoming familiar with the responsibilities and requirements of the internship program; (2) understanding day-to-day routines within the agency; (3) beginning to develop supportive relationships with members of their cohort; and (4) navigating the shift from student to professional clinician.

Hours:

Interns are required to complete 500 face-to-face contact hours which includes psychotherapy, testing batteries, testing proctoring, clinical consultations and forensic experiences. To meet the highest standard for licensure, hours are counted in real time (i.e., a 45-minute therapy session = 45 minutes).

Psychological Testing:

Each intern is required to complete a minimum of 8 batteries during the internship year. This requirement is intended to provide interns with an ongoing assessment component. Interns attend a 60 minute testing seminar three (3) times per month in which they are assigned testing cases, supported in their use and interpretation of testing instruments, and participate in discussions about testing issues.

Forensic Training:

Interns are required to attend a two-hour weekly seminar designed to introduce them to forensic work through both didactic instruction as well as skill building via case review and discussion. This seminar runs from the beginning of the internship until the Fall. The experience of conducting evaluations and consequent exposure to the role of psychologists in the legal system is a very specialized and marketable training opportunity that is often not available in other internships. It is our experience that an introduction of this nature – early experience with forensic work – requires interns to think about the practice of psychology from a different perspective and deepens their understanding of the complexities inherent in generating psychological evaluations and reports.

Family Court Evaluations: Each intern is expected to learn about Family Court evaluations (comprised of clinical interviews, collateral contacts, MMPI-2/MMPI-A interpretation, and report writing). Interns working with families and children typically perform evaluations regarding “Persons in Need of Supervision” (PINS) and “Juvenile Delinquency” (JD) matters. Issues in these cases range from school attendance to serious felonies. Interns working with adults typically perform domestic violence evaluations and Drug and Alcohol evaluations for Family Court and the New York State Supreme Court. These evaluations are often ordered by the Courts when there is a concern that substances may be interfering with parenting ability. Interns also learn about “Custody and Visitation” and “Abuse and Neglect” cases and may observe a Licensed Psychologist conducting these evaluations. Similarly, interns may elect to observe “Competency to Stand Trial” evaluations.

Risk Assessments: Each intern is expected to conduct sex offender risk assessments referred by the Department of Probation. The resulting reports provide vital information to probation officers, judges, attorneys and family members and are used as part of treatment formulation. As these assessments necessitate use of a unique skill set, extensive training is provided in interviewing, objective measures and report writing. By mid-year, interns are typically able to complete risk assessments independently with the final report reviewed by a Licensed Psychologist.

Process Group:

Interns attend a weekly 60-minute process group designed to provide a safe and confidential space in which to share experiences and struggles as well as assist each other in navigating the emotional and intellectual rigors of the internship.

Group Work:

Interns are expected to facilitate or co-facilitate a weekly therapy group throughout the year and work in a minimum of one module of a substance abuse group. Interns typically join an existing group at the clinic or can design and generate a new group of their own. Each intern will be assisted both during the orientation process as well as during weekly supervision in establishing her/his group interests and in getting started with the work.

Proctoring:

Interns are responsible for providing proctor coverage for weekly group administration of the MMPI-2 and the MMPI-A. This coverage occurs on a rotating basis with interns assigned in pairs.

Clinical-Training Seminar:

Interns attend a weekly 90 minute didactic core-training seminar. These training seminars are conducted by staff and outside professionals on topics of clinical and/or professional relevance and are designed to promote professional growth and competence. Each intern is also asked to present a seminar on a topic of her/his choosing as part of this series. Typically, these seminars tend to be associated with each intern's dissertation topic.

Additional training opportunities are available based on intern interest. For example, interns can participate in the agency's Structural Family Therapy program, which involves training and experience in providing this co-facilitated treatment modality and supervision that includes use of video-taping.

At the intern's request or at the supervisor's recommendation, an intern may become involved in the work of other units in order to gain additional experience or to develop a more broad-based professional background.

Supervision

Each intern is assigned two supervisors, one of whom is designated as the intern's primary supervisor/mentor while the other provides secondary supervision. Each is a doctoral-level psychologist licensed by New York State. The supervisors are responsible for assisting and guiding new interns through their acclimation to the agency and for directly supervising all the clinical work performed by the intern, including intakes, assessments, treatment plans, ongoing therapy, interagency service coordination, case reviews and presentations, and termination. Additionally, supervisors are required to cosign psychological reports, treatment plans, progress notes, assessments, interagency correspondence, and evaluations. Interns are provided with a minimum of one hour per week in regularly scheduled face-to-face contact with each supervisor. Separate supervision of forensic assignments as well as psychological testing assignments occurs in addition to the regularly scheduled two hours of individual supervision. Our rationale for designating two supervisors is to expose the intern to more than one supervisory style as well as allow each intern to tap each supervisor's recognized area of expertise relative to specific types of patient problems. All supervising psychologists emphasize the application of ethical standards in the intern's practice of psychology.

Additionally, the Chief of Psychology (who is also the Internship Training Director) meets both on an informal level as well as on a scheduled basis with the interns to provide general information, to assist with administrative concerns and intern issues, and to assess and address the individual training needs of each intern. The Chief of Psychology is responsible for the overall functioning of the Psychology Dept at UCMHD as well as the functioning of our Internship Program. With respect to the latter, there is particular attention paid to the integrity and quality of the training and professional identity development components of the program. Interns receive additional supervision in treatment team meetings, and supervision of groups.

Evaluation

With the goal of providing each intern with ongoing feedback on and assessment of their pre-doctoral preparation, as well as current competence, interns are formally evaluated after three months, seven months, and at twelve months by their supervisors. This process is designed to facilitate change and growth on the part of the intern as s/he moves toward a more independent role as a professional person. The primary supervisor reviews and discusses details of the evaluation with the intern while encouraging a bi-directional process of open communication and feedback. These evaluations are forwarded to each intern's graduate training director. Moreover, any evaluation forms required by the intern's graduate program are completed and returned.

Psychology interns at UCMHD are asked to take an active role in evaluating their own experiences, including the quality of supervision, the depth of activities, professional attitudes and conduct of staff, and the comprehensiveness of the training environment. These evaluations are done three times during the internship year, each corresponding to the evaluation periods mentioned above. The composite results of these evaluations are shared with the supervisors and analyzed with the objective of modifying and/or improving the internship program.

Salary and Benefits

Interns at UCMHD are employees of Ulster County. The annual salary is \$25,272. Interns qualify for benefits which include: one week of vacation after six months, five personal days (two accumulated during the first six months and three days thereafter), one sick day per month (which can be accumulated), fourteen paid holidays, and medical/hospitalization benefits (interns receive the same medical benefits as full-time staff).

As noted earlier in this brochure, interns typically work a 40-45 hour week to allow for a 2000-hour internship that satisfies all clinical and agency requirements. At times interns are expected to flex their work schedule to accommodate specific unit needs (e.g., some units require some evening hours).

Training and Research Facilities

To assist in the training and supervision of interns, video and audio taping equipment and one-way mirrors are made available throughout the internship year. Interns are provided Internet access from their desks to access to scholarly and research literature at their academic institution's library.

Ulster County Mental Health Department

Kingston, New York

Predoctoral Psychology Internship Program

About our Seminar Program

Our seminars are designed to supplement and extend the clinical education received in graduate school and previous clinical placements. While supervised clinical experience is the core of our Internship Program, our Seminar Program is a vital component of the training experience and mandatory for all interns.

As the internship year progresses and the demands of the internship evolve, so too do the topics covered. We provide a core curriculum in assessment, intervention, forensic psychology and psychological testing. In addition, we use our Guest Speaker Series as a way to accommodate special interests not part of our core program that may develop over the course of the year. The seminars start with the clinical problems and interventions central to one's practice during the internship. They move to topics geared towards developing one's professional identity and the capacity to function as an independent professional.

The Didactic Seminars take place weekly on Thursday mornings from 9am until 10:30am. The Forensic Seminar Series is held on Fridays from 3pm until 5pm, starting at the beginning of the internship and continuing until the Fall. The Guest Speaker Series takes place on Fridays from 3pm until 5pm on an as-scheduled basis after the Forensic Seminar ends. The Psychological Testing Seminars are held three times a month on Thursday mornings from 10:30am until 11:30am.

In addition to the Internship Program Seminars, interns are invited to participate in agency-wide training, such as the training on Motivational Interviewing offered during the 2008-09 internship year. Interns are also welcome to attend area conferences, often funded by UCMHD. 2008-09 conferences included *Treatment of Eating Disorders: Psychological Aspects* offered by the Comprehensive Care Center for Eating Disorders of Northeastern New York and *In the Wake of Disaster: Effective Mental Health Interventions* which was offered by the Institute for Disaster Mental Health in April 2009.

Didactic Seminar Series

Introduction to Clinical Procedures

These seminars introduce interns to the agency, providing an introduction to its procedures. Topics include crisis management, hospitalization procedures, and documentation, including the treatment plan/progress note link. Specific agency procedures are put in the context of best practices for independent professionals.

Intakes and the Initial Interview

Using a variety of treatment orientations, including psychodynamic, cognitive-behavioral and medical model, specific instruction is provided in history taking, mental status exams, case formulation, diagnosis and case presentations. Interns are taught how to present their findings as a professional member of a treatment team.

Psychotherapy in a Community Mental Health Setting

The beginning phase of psychotherapeutic treatment presents clinicians with a unique set of challenges and opportunities. Readings and intern case material is used to guide discussion. Topics covered include empathy and the creation of safety, trauma and vicarious traumatization, processes of therapeutic change, language use in psychotherapy, and grief and death. Selected readings include Leston Havens, Irvin Yalom, Mary Jo Peebles-Kleiger, Daniel Stern and the Boston Change Process Study Group. The termination phase is also covered with a series of seminars timed as interns prepare to enter this phase of treatment with their patients.

Psychiatry Department Presentations

UCMHD's Psychiatry Department presents a series of seminars on psychopharmacology and the neuroscience of memory.

Selected Topics in Professional Development

The purpose of these seminars is to guide interns in crafting an independent professional identity. Shortly after the mid-point of the internship year, a seminar on the importance of self-care for clinicians is provided. A series on ethical guidelines and conduct for psychologists is held, with a focus on open discussion of real-world situations encountered by the presenting psychologist. Professional development is also promoted through a staff panel discussion on starting a private practice as well as interns' presentation on a topic of interest, typically associated with dissertation topics.

Psychological Testing Seminar

The purpose of this seminar is to teach and review the use of psychological testing measures. Interns also receive referrals in these seminars and present testing material. Skills are developed through training and supervision by a Licensed Psychologist and through peer supervision as interns are expected to participate in open discussions of each other's test data.

Forensic Seminar

The purpose of this series is to introduce interns to forensic work through lectures and case review and discussion. An introduction to this specialized role in the legal system is provided. Interns are encouraged to think about the practice of psychology from different perspectives to better appreciate the complexities of conducting psychological evaluations and writing reports in a legal setting.

In this seminar, interns learn about Family Court evaluations, including custody and visitation, abuse and neglect, domestic violence, drug and alcohol, juvenile delinquency and "Persons in Need of Supervision." Upon completion of the training in this area, interns are assigned evaluations to perform independently in accordance with the unit on which they work that are reviewed by a Licensed Psychologist.

Interns also learn about sex offender risk assessments, which necessitate use of a unique skill set. As such, in this portion of the Forensic Seminar Series, interns receive extensive training in interviewing, use of objective measures and report writing. Following these seminars, interns are assigned risk assessments to complete independently with the final report reviewed by a Licensed Psychologist.

Guest Speaker Series

Experts are invited to present on topics of special clinical interest relevant to professional development. Invitees depend on the evolving interests of the current intern class. 2009-09 topics included LBGTQ issues, the diagnosis and treatment of eating disorders, the role of affect in psychotherapy, and the dilemmas of psychologists' participation in ethically questionable settings.

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Kingston, New York

Predoctoral Psychology Internship Program

About our Track System

Five interns are accepted and placed into three clinical tracks. Each of the tracks -- Adult, Family & Child, and Life Span -- are based in Kingston. All tracks involve conducting intake interviews, ongoing clinical assessments, treatment planning, and individual and group therapy as well as attending unit and treatment team meetings and regular didactic programming. Interns also have the opportunity, on a limited basis, to conduct individual or group therapy with patient populations residing in units other than that of their assigned track.

Family & Child Track (One Intern)

Interns on this track have a broad range of treatment opportunities to work with children and adolescents. Candidates seeking this placement must have previous experience working with this population. The interns on this Unit treat children, their parents, and families doing individual and family therapy. Group therapy experience is also available. Past therapy groups have addressed teen issues and social skills, mentally ill chemically addicted teens, survivors of abuse, adolescent sex offenders, developmental play, parenting skills, and many other topics. The intern coordinates activities with schools, other agencies, and outside professionals as necessary. Interns on this track are offered the opportunity to serve as a consultant to paraprofessionals at a local adolescent shelter and/or participate in a therapeutic program held at an area YMCA and staffed by UCMHD clinicians. The Family and Child Unit staff consists of psychiatrists, psychologists, social workers, and case managers. The Unit serves middle and lower income families and referrals are made to the unit primarily by parents, schools, physicians, the juvenile justice system, and the Department of Social Services.

Adult Track (Two Interns)

Interns on this track treat adults, ages eighteen and older, conducting individual, group, and couples therapy. The patient population includes people with a variety of emotional difficulties, ranging from adjustment, anxiety and mood disorders to personality, dissociative and psychotic disorders. Candidates seeking this placement must have previous experience working with a similar population. Referrals to the Adult Unit are generally from middle and lower income groups and most are self-referred, although we accept referrals from physicians, local hospitals, the justice system, and the Department of Social Services. Therapeutic interventions are designed to meet patient need, both long- and short-term, and provide interns with multiple opportunities to practice using a variety of therapeutic techniques. There also are multiple groups offered: trauma, sex offender, substance use, and skills training groups using Dialectic Behavioral Therapy (the Linehan model). Additionally, interns have the option of working on the Transitions Team which treats adults ages 18-24 in cooperation with case managers. The Adult Unit employs staff consisting of psychiatrists, social workers, psychologists, counselors, and a psychiatric nurse.

Life Span Track (One Intern)

The intern in this track works with children, adolescents, and adults. This track represents a combination of the Family & Child Track and the Adult Track with a caseload drawn equally from each unit. Candidates seeking this placement must have previous experience working with similar populations. There is the additional opportunity to work with drug and alcohol abusers, geriatric patients, and the chronically mentally ill, based upon the needs and interests of the intern. The Lifespan Intern is exposed to a broad range of diagnoses and treatment approaches, working and collaborating with several different psychologists and psychiatrists. This intern may provide individual and family therapy and also has the same opportunity for group therapy experience as the other Tracks.

Ulster County Mental Health Department

Kingston, New York

Predoctoral Psychology Internship Program

About the Agency

UCMHD, founded in 1959, provides a comprehensive range of outpatient programs to the citizens of Ulster County. These programs provide treatment, prevention, and education to address a wide range of mental health issues. Programs at UCMHD are fully licensed by the State of New York Office of Mental Health and the Office of Alcoholism & Substance Abuse Services. The agency receives some funding from the State of New York and the County of Ulster while revenues are collected from patient payments, third-party insurance benefits, Medicaid, and Medicare. UCMHD routinely wins awards from the National Association of Counties for innovative and successful programs.

The agency is a department of Ulster County and is governed by an elected County Executive. The County Executive appoints the Commissioner of the Agency who is, in turn, responsible to County Executive. There are approximately 200 clinicians in the agency across nine clinical units. These units are housed in Kingston as well as in two regional clinics, one in Highland (16 miles south of Kingston) and one in Ellenville (30 miles southwest of Kingston). All interns see patients at the Kingston clinic only.

UCMHD specializes in the provision of a comprehensive range of services for at-risk populations, including seriously mentally ill adults, seriously emotionally disturbed children, adolescents, young adults and adults with co-occurring disorders, and individuals suffering from persistent substance abuse. We integrate a broad recovery model with a traditional mental health treatment model. Our clinicians embrace a number of different theoretical orientations including psychodynamic, cognitive, behavioral, humanistic, interpersonal, existential, and family systems. Treatment is provided to patients without regard to race, age, color, creed, gender, sexual orientation, national origin, or disability. No one is denied service due to an inability to pay.

UCMHD provides outpatient treatment only and has agreements with other organizations that provide other service components. These services include inpatient hospitalization, crisis residence, independent living programs for adolescents as well as parenting programs, day treatment, information and referral, sheltered workshops, and a crisis hotline.

Location

Ulster County is a largely rural area with a population of about 160,000. Home to scenic attractions including the majestic Shawangunk Ridge, Ulster County's terrain affords abundant year-round outdoor activities, including skiing, biking, hiking, camping, rock climbing and boating. Each season offers festivals and fairs that highlight various recreational and culinary aspects of the region. For example, in winter, area ski resorts such as Belleayre and Windham host winter festivals. Nearby Minnewaska State Park is available for inexpensive year-round outdoor activities.

Kingston, with a population of about 30,000, is the county's major city and county seat. The region is rich in agriculture, with much grown and raised by small, independent and organic farms whose products are available through farm shares and at farm stands and farmer's markets throughout the county, including the Kingston Farmer's Market open on Saturdays. SUNY New Paltz, artistic enclaves including Woodstock and High Falls, art centers such as DIA:Beacon, Storm King, Ulster County Performing Arts Center and Bard's Fisher Center all provide ample access to cultural happenings. Many area restaurants showcase the culinary skills of graduates from the nearby Culinary Institute of America.

Ulster County is easily accessible to New York City, located approximately 90 miles south and typically reachable within two (2) hours by car or public transportation, making it possible to take advantage of what New York has to offer. Albany, the state capital, is also easy to reach and houses one of two area airports, the other to the south in Newburgh, NY.

Ulster County Mental Health Department

Kingston, New York

Predoctoral Psychology Internship Program

UCMHD Full-Time Psychology Staff

Catherine DiNardo, Ph.D. is a licensed psychologist and the Chief of Psychology at UCMHD and the Training Director for the psychology internship program. Dr. DiNardo received her doctorate in clinical psychology from the New School for Social Research, with research interests involving applications of psycholinguistics and discourse analysis to psychotherapeutic change processes. She has worked in inpatient hospital settings with children, adolescents and adults and in community mental health centers with adults for approximately 10 years. Prior to pursuing psychology, she had a career as an Art Director and Graphic Designer. Dr. DiNardo is a transplant to Ulster County, relocating in January 2008 from New York City where she was a senior staff member at a community mental health clinic and Director of their Psychology Training Program while maintaining a private practice. Glad to have left “the City” behind, she and her husband are embracing the country life with its abundant scenic beauty and recreational possibilities. She recently opened a private practice in nearby New Paltz where she conducts evaluations with patients of all ages and provides individual and couples psychotherapy for adults.

Gerald Fix, Ph.D. is a licensed clinical psychologist who received his doctorate from Fairleigh Dickinson University in Teaneck, New Jersey. He is the primary supervisor of the Adult Unit interns. Dr. Fix began accumulating clinical experience after completing his Bachelor of Arts in Psychology at Boston University in the late 1980s. He has worked as a counselor for severely emotionally disturbed children, foster care children, chronically drug-addicted adults and adolescents, and in pretrial intervention programs for individuals charged with crimes. Dr. Fix has worked in hospitals, community mental health centers, clinics and university counseling centers. He also has worked in private practice in New Jersey and continues to maintain a private practice in New York, where he provides individual and group psychotherapy to people of all ages. Dr. Fix also holds a Master of Education in Psychological Counseling (Master of Arts, *en passant*) from Teachers College Columbia University in New York City and a Master of Arts in Psychology from Fairleigh Dickinson University. He is currently a Registered Play Therapist with the International Association for Play Therapy. Dr. Fix is an outdoor enthusiast, amateur ornithologist and lover of dogs, especially Welsh Springer Spaniels. His Internship was at UCMHD.

Lyssa Israel, Ph.D. is a licensed psychologist who received her Master’s degree from Hunter College in 1991 and her doctorate from Fairleigh Dickinson University in 1996. Prior to her life as a psychologist, Dr. Israel was a middle school special education teacher in North Carolina. She served as the Child Trauma Specialist at UCMHD for two (2) years prior to joining the Psychology Department in the Fall of 2006. She is the primary supervisor of the Family and Child Unit intern. Special clinical interests include play therapy, attachment disorders, child trauma treatment, and expressive arts therapy. Dr. Israel is the co-director of the Ulster County Disaster Response team that provides psychological first aid to victims and responders of natural and human-made disasters. Prior to moving to Ulster County, Dr. Israel worked in a private psychiatric hospital with adolescents and children for seven (7) years in Westchester County, NY. Additionally, she completed a postdoctoral fellowship at New York Presbyterian Hospital with a focus on neuropsychological research and treatment of adults diagnosed with schizophrenia.

Claude Schleuderer, Ph.D. is a licensed psychologist with over 35 years experience in the field. He received his Master's degree from Syracuse University and his Doctorate from the University of Georgia. Dr. Schleuderer has worked in schools, day treatment centers, outpatient facilities, crisis residences, courts, jails, universities and community mental health centers. He works on the Family and Child Unit, leads sex offender groups, provides evaluation services for Family Court, local Justice Courts and Supreme Court. He typically provides supervision for three interns and is the primary supervisor of the Life Span intern. He also maintains a private practice. Areas

of current interest include child abuse and neglect treatment and prevention, child custody, competency evaluations, sex offender treatment, and child and family therapy. He has also done work in organizational consulting, vocational evaluation, and closed head injury rehabilitation. He has published articles in peer reviewed journals; received several professional awards, including recognition from the National Association of Counties, Mental Health Association and Family Court Children's Center; and has made presentations to national conventions including APA and The National Conference of Juvenile and Family Court Judges. Married with two children and a grandchild, Dr. Schleuderer has discovered that being a parent is much more difficult than being a psychologist.

Ulster County Mental Health Department Kingston, New York

Predoctoral Psychology Internship Program

Application Materials

Dear Applicant:

Thank you for your interest in the Ulster County Mental Health Department Psychology Internship Program. A description of the program is outlined in the text above. The internship will begin on the first Monday following the fourth of July. For 2010-2011, the salary will be \$25,272.

If you are interested in applying, please submit your application through APPI Online. We require submission of the following supplemental materials:

1. Three letters of recommendation;
2. Two samples of psychological testing or comprehensive evaluation reports;
3. The Specialty Track Checklist (found below) and Clinical Populations Preference Sheet (also found below).

As a member of the Association of Psychology Postdoctoral and Internship Centers, we follow APPIC guidelines concerning offers and acceptances.

We hope you will review the above description of the program and apply to our program. If you have any questions, please do not hesitate to email me at adin@co.ulster.ny.us.

All application materials must be received by November 20, 2009. Your application will be reviewed by the psychology staff during early December. Applicants satisfying minimal criteria and possessing appropriate credentials and letters of reference will be offered a choice of dates regarding interviews in the month of January. Interviews are held on Thursdays.

Sincerely,

A. Catherine DiNardo, Ph.D.
Chief of Psychology
Internship Training Director
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Ulster County Mental Health Department

Kingston, New York

Predoctoral Psychology Internship Program

Clinical Populations Preference Sheet

Applicant Name: _____

Most clinicians, due to both clinical training and personal preference (or personal issues), have certain populations that they enjoy working with and others they find more difficult in their experience of providing therapeutic services. Below is a list of clinical populations. Please rate your preference for working with each population using the scale below. Your interest ranking does not necessarily have to follow the field experience that you have completed to date. (Please note that there is overlap with some of these populations).

- 1 = Preferred population
- 2 = Considerable interest
- 3 = Some interest
- 4 = Very limited interest
- 5 = No interest
- 0 = Would not work with this population

Population	Rating	Population	Rating
Trauma		Dissociative Disorders	
Depression		Adjustment Disorders	
Anxiety Disorders		Forensic Issues	
Schizophrenia		Personality Disorders	
Bipolar Disorders		Self-Injurious Behavior	
ADHD (Child)		Eating Disorders	
Impulse Control Disorders		Learning Disorder	
Alcohol/Substance Abuse		Sexual Offenders	
ADHD (Adult)		Family Dysfunction	
(Other)			

Ulster County Mental Health Department
Kingston, New York

Predoctoral Psychology Internship Program

Specialty Track Checklist

Applicant Name: _____

Please rank order your placement preference. Place a “1” by your first choice. If you have a second preference, place a “2” by your choice. You should only make a second choice if you have appropriate experience for that track **and you would seriously consider selecting this track** instead of your first choice.

_____ Adult Track

_____ Family & Child Placement

_____ Life-Span Track (half-time Adult & half-time Family and Child)

(Optional) For statistical purposes included in reports to the Committee on Accreditation and to recruit minority applicants: I _____ am/ _____ am not a person of color.